

"NRXC is a group of friends that have fun running together and are excellent in our integrity, teamwork, and fitness."

Coach Bentley & Coach Hutchinson coaches@northridgexc.com

## NRXC 2024 ATHLETE FLYER

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Athlete Training Resources



http://bit.ly/NRXCtrainingresources



http://bit.ly/nrxc2024cal

General Summer Training Schedule



http://bit.ly/NRXC2024schedule

Team Website: <a href="http://www.northridgexc.com/">http://www.northridgexc.com/</a>