

"NRXC is a group of friends that have fun running together and are excellent in our integrity, teamwork, and fitness."

Coach Bentley & Coach Hutchinson coaches@northridgexc.com

## ELIGIBILITY REQUIREMENTS

## Eligibility for Summer Training

• Must be preparing to start 7th through 12th grade in the coming fall.

## Eligibility for In-Season Competition

- Must be attending 9th through 12th grade during the fall competitive season.
- During the prior term (4th term of the prior school year) must have had a GPA of at least 2.0, and cannot have had more than one "F" grade.
- Must be registered on Register My Athlete and have a current physical (needs to be completed each year).
- Must attend practice daily during the competition season (from the start of school) to be eligible to compete at varsity level in meets.
- If you are transferring from another school, please come talk to one of the coaches as there may be other requirements associated with a transfer.